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DESCRIPTION

COMPOSITION FOR PROMOTING THE PROLIFERATION OF LACTOBACILLUS CASEI

SUBSP. CASEI

Technical Field

The present invention relates to: a dextran-comprising composition for promoting bacterial proliferation for selectively proliferating Lactobacillus casei subsp. casei (hereinafter, abbreviated as "L. casei subsp. casei") which is one species of lactic acid bacteria having a variety of biological activities; and the composition for promoting bacterial proliferation, which further comprises L. casei subsp. casei. More specifically, the present invention relates to: a pharmaceutical composition for enhancing biological activities, which comprises the composition for promoting bacterial proliferation; and a health food and feed for enhancing biological activities, which comprise the composition for promoting bacterial proliferation.

Background Art

Recently, ingestion of "microorganism formulations" which are referred to as probiotics and consist of useful microorganisms such as living lactic acid bacteria for the purpose of effect of controlling intestinal function, prevention of infectious diseases,

immunostimulation, or the like has been attracting attraction. However, there is a doubt whether the useful microorganisms can grow and colonize in the intestine of a human being, animal, or the like. If the useful microorganisms cannot grow and colonize in the intestine, expected biological activities of the useful microorganisms cannot be obtained permanently. In order to solve. such a problem, the fact is that supplying the microorganism formulation at all times is proposed and performed. On the other hand, oligosaccharides or the like which can be utilized by useful microorganisms in probiotics are referred to as prebiotics, and ones prepared by combining prebiotics and probiotics are referred to as symbiotics. Those are also administered to a human being, animal, or the like for the aforementioned purpose. However, when the prebiotics are utilized by great many enteric bacteria other than intended bacteria, those bacteria scramble for the prebiotics in the intestine, so it is difficult to grow and colonize intended useful microorganisms selectively.

Disclosure of the Invention

An object of the present invention is, after ingestion of useful microorganisms referred to as probiotics to a human being, animal, or the like, to sustain a variety of biological activities originated from the useful microorganisms in a living body by selectively growing-proliferating and colonizing the microorganisms in the

intestine or by selectively growing-proliferating useful indigenous microorganisms in the intestine without supplying those useful microorganisms at all times.

The inventors of the present invention have found out through an in vitro test that, among many useful microorganisms, L. casei capable οf species οf bacteria casei is subsp. growing-proliferating by utilizing a dextran. L. casei subsp. casei is classified and named in Approved Lists (1980). The bacterium is Gram positive, indigenous to the intestine of a human being, animal, or the like, and a facultative anaerobic bacillus. The bacterium forms the intestinal bacterial flora together with other bacteria.

Thus, at first, it was confirmed whether or not the bacterium itself has biological activities, for example, an immunostimulating effect in the case of subcutaneous immunization. As a result, the bacterium has been found to enhance and maintain humoral immunity and cellular immunity. Next, L. casei subsp. casei has been administered to a mouse only in the initial administration, and a dextran was then orally ingested permanently, in order to confirm whether L. casei subsp. casei can selectively grow-proliferate and colonize in the intestine of a human being, animal, or the like, and the biological activities of the bacterium can be sustained or not by oral ingestion of a dextran. As a result, the inventors of the present invention have found through an in vivo test that

the bacterium grows-proliferates and colonizes in the intestine by utilizing the dextran, and the biological activities of the bacterium such as humoral immunity and cellular immunity are enhanced and maintained.

On the other hand, a dextran itself is also known to have a variety of biological activities, and it has been confirmed that, in the case of administration of a dextran together with *L. casei* subsp. *casei*, a higher effect is maintained than that in the case of administration of only a dextran, and a synergistic effect is large.

The present invention has been accomplished as described above. The gist of the present invention is as follows.

- (1) A composition for promoting bacterial proliferation for selectively proliferating *Lactobacillus casei* subsp. *casei*, comprising a dextran.
- (2) The composition for promoting bacterial proliferation according to (1), further comprising *Lactobacillus casei* subsp. *casei*.
- (3) The composition for promoting bacterial proliferation according to (1), wherein the dextran has a molecular weight of 2,000 to 40,000,000.
- (4) A pharmaceutical composition comprising the composition for promoting bacterial proliferation according to any one of (1) to (3).
- (5) A health food comprising the composition for promoting bacterial

proliferation according to any one of (1) to (3).

(6) A feed comprising the composition for promoting bacterial proliferation according to any one of (1) to (3).

Brief Description of the Drawings

. Figlisa drawing showing an effect of a dextran on the bacterial number of *L. casei* subsp. *casei* in mouse feces.

Fig. 2 is a drawing showing the results of enhancing humoral immunity by a dextran in the case of orally administering an antigen.

Fig. 3 is a drawing showing the results of enhancing cellular immunity by a dextran in the case of orally administering the antigen.

Fig. 4 is a drawing showing the results of enhancing humoral immunity by a dextran in the case of subcutaneously administering the antigen.

Fig. 5 is a drawing showing the results of enhancing cellular immunity by a dextran in the case of subcutaneously administering the antigen.

Best Mode for carrying out the Invention

The composition of the present invention is a dextran-comprising composition for promoting bacterial proliferation for selectively proliferating *L. casei* subsp. *casei* and the composition for promoting bacterial proliferation, which further comprises *L. casei* subsp. *casei*. Dextrans to be used in

the composition of the present invention can be synthesized, prepared, or the like according to a general method that is well known to a person skilled in the art. Moreover, culture of *L. casei* subsp. casei, methods of preparing and drying of bacterial cells, gene recombination, and the like can be performed according to a general method that is well known to a person skilled in the art. (Description of dextran to be used in the present invention)

A dextran is a polysaccharide which consists of glucose, which are mainly bonded with an α -1,6 bond. The dextrans to be used in the present invention may be commercially available dextrans or dextrans obtained by culturing bacteria selected from the group consisting of genus Leuconostoc and genus Streptococcus, for example, leuconostoc mesenteroides, under a general condition, for example, in a sucrose-containing enriched medium.

(Molecular weight of dextran to be used in the present invention)

Each of the molecular weights of dextrans to be used in the present invention is 2,000 to 40,000,000, preferably 4,000 to 5,000,000, more preferably 4,000 to 2,000,000. Note that a dextran having a molecular weight of less than 2,000 is not preferable because bacteria other than *L. casei* subsp. *casei* may proliferate. Examples of the dextrans to be used in the present invention include a dextran obtained by culturing the aforementioned bacteria without any treatment, and a dextran having an appropriate molecular weight obtained by further partial hydrolysis treatment of such a dextran.

(L. casei subsp. casei to be used in the present invention)

In the present invention, L. casei subsp. casei can be used form of viable cells, dried cells capable growing-proliferating, or the like. As L. casei subsp. casei to be used in the present invention, there can be used a recombinant of L. casei subsp. casei which has at least a utilizing ability for a dextran in the composition for promoting bacterial proliferation of the present invention, in addition to a wild type. There can also be used a recombinant obtained by transducing a gene which participates in a dextran-utilizing ability originated from L. casei subsp. casei to another bacterium. Preferably, the recombinant is a novel bacterium in which a new biological activity is expressed by gene recombination of L. casei subsp. casei or another novel bacterium obtained by transducing a gene which participates in a dextran-utilizing ability originated from L. casei subsp. casei to another bacterium.

The composition of the present invention dextran-comprising composition for promoting bacterial proliferation for selectively proliferating L. casei subsp. casei and the composition for promoting bacterial proliferation which further comprises L. casei subsp. casei. The composition of the present invention can be prepared, administered, or the like according to a general method which is well known to a person skilled in the art except that the composition comprises a dextran or further

comprises L. casei subsp. casei.

(Dosage form of composition of the present invention)

The composition of the present invention may be a dextran only or a mixture of a dextran and L. casei subsp. casei. Preferably, the composition of the present invention can be provided as a composition in the form of solid, semi-solid, or liquid containing a dextran in combination with a diluent, carrier, or the like which is pharmaceutically well known and pharmaceutically acceptable, or a composition in the form of solid, semi-solid, or liquid containing a dextran and L. casei subsp. casei. Note that the composition of the present invention includes: a form in which the dextran of the present invention and L. casei subsp. casei have already been combined; and a form in which the dextran of the present invention and L. casei subsp. casei have been separately processed, and are combined when the composition is used. The amount of a diluent, carrier, or the like in the composition of the present invention is appropriately varied in accordance with a purpose or usage, and is not particularly limited. In general, the amount is, for example, about 0.1 to about 99.9% by weight, preferably about 1 to about 99% by weight, more preferably about 5 to about 95% by weight based on the weight of the composition.

Note that, when a dextran and *L. casei* subsp. *casei* are simultaneously present in the form of liquid, the dextran content reduces gradually due to bacterial utilization of the dextran, so

simultaneous presence of them for a long time is preferably avoided. So, it is desirable that those be separately processed and packed, and the resultant products be mixed when they are ingested, or be separately ingested.

The pharmaceutical composition of the present invention may be the composition of the present invention itself without other components. However, preferably, the composition may be one prepared in combination with a diluent, carrier, or the like, which is pharmaceutically well known and pharmaceutically acceptable, into a dosage form such as a soft capsule, hard capsule, granule, pill, powder, tablet, syrup, troche, or elixir. Amethodof preparing the composition into such a dosage form is well known to a person skilled in the art. When the composition is prepared into such a dosage form, a diluent, carrier, or the like which is suitable to each dosage form, pharmaceutically well known, and pharmaceutically acceptable may further be contained.

The pharmaceutical composition of the present invention can be used as a drug which aims at sustaining a variety of biological activities originated from *L. casei* subsp. *casei* in a living body by: selectively growing-proliferating and colonizing *L. casei* subsp. *casei* in the intestine of a human being, animal, or the like; or selective growth-proliferation of *L. casei* subsp. *casei* in the intestine, which is indigenous to the intestine.

When the pharmaceutical composition of the present invention

is prepared, the addition amount of the composition of the present invention may be appropriately determined with reference to the description which relates to the dose and dosage cycle of the composition of the present invention described below.

The health food of the present invention is one containing the composition of the present invention and a composition such as a food or beverage. Note that the health food of the present invention includes: a form in which the composition of the present invention and a composition such as a food or beverage have already been combined; and a form in which the composition of the present invention and a composition such as a food or beverage have been separately processed, and are combined when the composition is Examples of such a food or beverage include: ingested. confectioneries such as candy, chocolate, and biscuit; breads; noodles; beverages in the form of powder, liquid, and the like; dairy products such as yogurt. In particular, in the case of yogurt, yogurt can be produced using such L. casei subsp. casei, and it is desirable that a dextran be mixed when they are ingested or be individually ingested.

The feed of the present invention contains the composition of the present invention and formula feed of livestocks, fowls, fishes, pets, or the like. Note that the feed of the present invention includes: a form in which the composition of the present invention and a feed composition have already been combined; and a form in

which the composition of the present invention and a feed composition have been separately processed, and are combined when the composition is ingested.

The health food or feed of the present invention can be used for sustaining a variety of biological activities originated from L. casei subsp. casei in a living body by: selective growth-proliferation and colonization of L. casei subsp. casei in the intestine of a human being, animal, or the like; or selective growth-proliferation of L. casei subsp. casei in the intestine, which is indigenous to the intestine.

When the health food or feed of the present invention is prepared, the addition amount of the composition of the present invention may be appropriately determined with reference to the description which relates to the dose and dosage cycle of the composition of the present invention described below.

(Dose and dosage cycle of composition of the present invention)

The dose of the composition of the present invention is, in terms of the dose of a dextran in the composition, 0.01 mg to 2 g/kg weight·day, preferably 0.1 mg to 1 g/kg weight·day, more preferably 1 mg to 100 mg/kg weight·day, and it is preferable that at least a composition comprising the dextran of the present invention be generally administered every day. Note that *L. casei* subsp. *casei* is originally a bacterium which is indigenous to the intestine of a human being, animal, or the like, and in order to induce the reliable

effects of the biological activities of *L. casei* subsp. *casei*, viable cells or dried cells capable of growing-proliferating are administered at least once, preferably at an appropriate interval. In addition, in order to induce more reliable effects, those cells may be administered every day.

(Applicable target of composition of the present invention)

The composition of the present invention can be targeted for all living beings such as mammals including a human being, aves, reptiles, fishes, crustaceans, and insects.

(Biological activity expected to be imparted and/or improved by composition of the present invention)

The following effects are expected: in addition to an immunostimulating effect, generally mentioned acid bacteria such as antitumor, activities of lactic antihypertension, antioxidation, antiulcer, anti-HIV, improvement of lipid metabolism, suppression of recurrent malignant tumor, antiinflammation, prevention and suppression of autoimmune disease, decrease of serum cholesterol, decrease of blood glucose, suppression of producing IgE antibody, antiallergy, promotion of producing interleukin 12, promotion of absorbing mineral, enrichment of mineral, regulation of alcohol absorption and metabolism, prevention and treatment of urinary tract infection, suppression of producing harmful matter, control of intestinal function, prevention of constipation, beauty, treatment and prevention of

hyperammonemia and hepatic encephalopathy, or the like, prevention of infection, suppression of feces malodor, decrease of intestinal pH of livestocks, fowls, improvement of growth, promotion of fattening, and help of egg laying.

Examples

Hereinafter, the present invention is described in more detail by way of examples, but the present invention is not limited thereto. <Example 1>

Dextran preparation method using sucrose as principal material

Leuconostoc mesenteroides, which is one species of lactic acid bacteria, was inoculated in a medium containing sucrose as a principal material (sucrose-containing enriched medium), and cultured anaerobically at 25°C for 24 hours. Subsequently, methanol was added to the culture supernatant, and the resultant precipitates were dissolved in distilled water. After the insolubles had been removed, methanol was added thereto again, and the resultant precipitates were redissolved in distilled water. The mixture was subjected to spray drying, to thereby yield a dextran. The dextran was further partially hydrolyzed, and the resultant products were subjected to methanol fractionation and spraydrying, to thereby yield dextrans having a variety of molecular weights.

<Example 2>

Test of Dextran-utilizing ability of enteric bacteria

A variety of related enteric bacteria were inoculated in a PYF medium (Peptone yeast extract Fildes solution broth) to which a dextran having a molecular weight (number average) of 10,000 (in the following examples, a dextran having such a molecular weight was used unless otherwise defined) was added to 0.5%, and the dextran-utilizing ability was determined. As a result, two strains of *L. casei* subsp. *casei* (JCM 1134 and JCM 8129) were confirmed to have the dextran-utilizing ability. However, no dextran-utilizing ability was observed for other lactic acid bacteria such as bacteria of the genus Lactobacillus or Bifidobacterium, and other related enteric bacteria. (See Table 1)

[Table 1-1] Dextran-utilizing ability of related enteric bacteria

Bacterial name		Bacterial strain name	Dextran-utilizing ability
Lactobacillus	casei subsp. casei	JCM 1134	+
Lactopacifius	casei subsp. casei	JCM 8129	+
	acidophilus	#527	
,	acidophilus	JCM 1132	
	agilis	JCM 1187	_
	amylovorus	JCM 1126	
	aviarius subsp. aviarius	JCM 5666	
	brevis	JCM 1059	
	buchneri	JCM 1115	
	casei subsp. alactosus	JCM 1133	_
		JCM 1177	
	casei subsp. fusiformis	JCM 8136	
	casei subsp. plantarum	JCM 1161	
	casei subsp. pseudoplantarum	JCM 1136	
	casei subsp. rhamnosus		
	crispatus	JCM 1185	
	curvatus	JCM 1096	
	delbrueckii subsp. bulgaricus	JCM 1002	-
	delbrueckii subsp. lactis	JCM 1248	-
	fermentum	JCM 1173	_
	gallinarum	JCM 2011	_
	gasseri	JCM 1131	_
	johnsonii	JCM 2012	_
	oris	JCM 11028	-
	paracasei subsp. paracasei	JCM 1053	_
	plantarum	IFO 3070	
	reuteri	JCM 1112	_
	salivarius subsp. salicinius	JCM 1150	_
	salivarius subsp. salivarius	JCM 1231	_
Clostridium	butyricum	JCM 1391	_
CIOSCIIGIAM	perfringens	JCM 1290	_
Klebsiella	pneumoniae subsp. pneumoniae		
Fusobacterium	varium	JCM 3722	_
	faecalis	JCM 5803	
Enterococcus		JCM 5804	_
Week a set a set of the set	faecium	JCM 6421	_
Eubacterium	limosum	JCM 6421	
Propionibacterium	† · · · · · · · · · · · · · · · · · · ·		
Bacteroides	fragilis	ATCC 25285	
Escherichia	coli	IFO 3972	-
Bacillus	subtilis subsp. subtilis	IFO 3134	_

[Table 1-2] Dextran-utilizing ability of related enteric bacteria

Bacterial name		Bacterial strain name	Dextran-utilizing ability
Bifidobacterium	adolescentis	JCM 1275	_
	angulatum	JCM 7096	-
	animalis	JCM 1190	_
	asteroides	JCM 8230	
	bifidum	JCM 1209	_
	boum	JCM 1211	_
	breve	JCM 1192	_
-	catenulatum	JCM 1194	_
	choerinum	JCM 1212	_
	coryneforme	JCM 5819	-
	cuniculi	JCM 1213	_
	dentium	JCM 1195	_
	gallicum	JCM 8224	_
	gallinarum	JCM 6291	
	indicum	JCM 1302	_
	infantis	JCM 1222	
	longum	JCM 1217	_
·	magnum	JCM 1218	_
	merycicum	JCM 8219	_
	minimum	JCM 5821	_
	pseudocatenulatum	JCM 1200	<u></u>
	pseudolongum subsp. globosum	JCM 5820	-
	pseudolongum subsp. pseudolongum	JCM 1205	_
	pullorum	JCM 1214	_
	ruminantium	JCM 8222	_
	saeculare	JCM 8223	
	subtile	JCM 5822	_
	suis	JCM 1269	-
	thermophilum	JCM 1207	_

Moreover, using two strains of $L.\ casei$ subsp. casei, a difference of the utilizing abilities according to dextrans having different molecular weights was determined. As a result, for all tested dextrans, the dextran-utilizing abilities were confirmed. However, a dextran having a smaller molecular weight has a tendency

to be more utilized. (See Table 2)

[Table 2] Difference of utilizing ability according to dextran molecular weight

Dextran	L. casei sul	osp. <i>casei</i>
Molecular weight	JCM 1134	JCM 8129
2,000	+++	+++
4,000	+++	+++
7,000	++	++
10,000	++	++
14,000	++	++
40,000	++	++
200,000	+	+
2,000,000	+	+

<Example 3>

Effect of dextran on bacterial number of *L. casei* subsp. *casei* in mouse feces

of six each. Those groups were referred to as (1) control group and (2) dextran group. Over the test period from the beginning of the test, a conventional feed was given to (1), while a dextran-added conventional feed (75 mg dextran/kg conventional feed) was given to (2). Over the period of three days from the beginning of the test, *L. casei* subsp. *casei* cells were orally inoculated to both groups (10⁶ cells/mouse). On 28th day, each mouse was dissected, and the feces were collected from the large intestine. The feces

were serially diluted with phosphate buffered saline (PBS), and the resultant mixture was smeared on a dextran-added LB medium, followed by culture at 37° C for 48 hours. After colonies had been stained by Gram staining and observed, the bacterial number of L. casei subsp. casei in feces was counted. As a result, the bacterial number of L. casei subsp. casei in the dextran group was significantly larger than that in the control group. (See Fig. 1)

<Example 4>

Enhancement of humoral immunity by dextran in oral administration of antigen

30 eight-week-old BALB/c male mice were divided into five groups of six each. Those groups were referred to as (1) control group, (2) BSA (bovine serum albumin) group, (3) BSA + L. casei subsp. casei group, (4) BSA + dextran group, and (5) BSA + L. casei subsp. casei + dextran group. Over the test period from the beginning of the test, a conventional feed was given to each of (1), (2), and (3), while a dextran-added conventional feed (75 mg dextran/kg conventional feed) was given to each of (4) and (5). Over the period of three days from the beginning of the test, L. casei subsp. casei cells were orally inoculated to (3) and (5) (10⁶ cells/mouse). On third and forth days, BSA was dissolved in PBS at a concentration of 10 mg/ml, and the solution was orally administered (1 mg (100 µl)/mouse) to (2) to (5). On 33rd and 34th days, in a manner similar to that on the third and forth days, BSA was orally administered

(1 mg/mouse). Five days after the administration, the blood was drawn from the suborbital vein, and the anti-BSA antibody titer was determined by ELISA. As a result, in (5) BSA + *L. casei* subsp. casei + dextran group, the specific antibody titer was significantly high. (See Fig. 2)

<Example 5>

Enhancement of cellular immunity by dextran in oral administration of antigen

30 eight-week-old BALB/c male mice were divided into five groups of six each. Those groups were referred to as (1) control group, (2) BSA group, (3) BSA + L. casei subsp. casei group, (4) BSA + dextran group, and (5) BSA + L. casei subsp. casei + dextran group. Over the test period from the beginning of the test, a conventional feed was given to each of (1), (2), and (3), while a dextran-added conventional feed (75 mg dextran/kg conventional feed) was given to each of (4) and (5). Over the period of three days from the beginning of the test, L. casei subsp. casei cells were orally inoculated to (3) and (5) $(10^6 \text{ cells/mouse})$. On third and forth days, BSA was dissolved in PBS at a concentration of 10 mg/ml, and the solution was orally administered (1 mg (100 μ l)/mouse) to (2) to (5). On 33rd and 34th days, in a manner similar to that on the third and forth days, BSA was orally administered (1 mg/mouse). Five days after the administration, BSA was dissolved in PBS, and the solution was intradermally administered to the earlobe, followed

by measuring the thickness of the mouse earlobe after 24, 48, and 72 hours. As a result, in (5) BSA + *L. casei* subsp. *casei* + dextran group, the thickness of the earlobe significantly increased. (See Fig. 3)

<Example 6>

Enhancement of humoral immunity by dextran in subcutaneous administration of antigen

30 eight-week-old BALB/c male mice were divided into five groups of six each. Those groups were referred to as (1) control group, (2) BSA group, (3) BSA + L. casei subsp. casei group, (4) BSA + dextran group, and (5) BSA + L. casei subsp. casei + dextran group. Over the test period from the beginning of the test, a conventional feed was given to each of (1), (2), and (3), while a dextran-added conventional feed (75 mg dextran/kg conventional feed) and the resultant feed was given to each of (4) and (5). Over the period of three days from the beginning of the test, L. casei subsp. casei bacteria cells were orally inoculated to (3) and (5) $(10^6 \text{ cells/mouse})$. On a third day, using FIA (Freund's incomplete adjuvant), PBS (phosphate buffered saline) (PBS+ FIA) or BSA (5 mg/ml) (BSA+ FIA) was emulsified at a ratio of 1:1, and the emulsion of PBS + FIA was subcutaneously administered to the footpads of the (1) and the emulsion of BSA + FIA was subcutaneously administered to those of the (2) to (5), respectively (200 μ l/mouse). On a 35th day, booster was performed in a manner similar to that on the third day. Five days after the booster, the blood was drawn from the suborbital vein, and the anti-BSA antibody titer was determined by ELISA. As a result, in (5) BSA + L. casei subsp. casei + dextran group, the specific antibody titer was significantly high. (See Fig. 4)

<Example 7>

Enhancement of cellular immunity by dextran in subcutaneous administration of antigen

30 eight-week-old BALB/c male mice were divided into five groups of six each. Those groups were referred to as (1) control group, (2) BSA group, (3) BSA + L. casei subsp. casei group, (4) BSA + dextran group, and (5) BSA + L. casei subsp. casei + dextran group. Over the test period from the beginning of the test, a conventional feed was given to each of (1), (2), and (3), while a dextran-added conventional feed (75 mg dextran/kg conventional feed) was given to each of (4) and (5). Over the period of three days from the beginning of the test, L. casei subsp. casei bacteria cells were orally inoculated to (3) and (5) $(10^6 \text{ cells/mouse})$. On a third day, using FIA, PBS (PBS + FIA) or BSA (5 mg/ml) (BSA + FIA) was emulsified at a ratio of 1:1, and the emulsion of PBS + FIA was subcutaneously administered to the footpads of the (1) and the emulsion of BSA + FIA was subcutaneously administered to those of the (2) to (5), respectively (200 µl/mouse). On a 35th day, booster was performed in a manner similar to that on the third day. Five days after the booster, BSA was dissolved in PBS, and the solution was intradermally administered to the mouse earlobe, followed by measuring the thickness of the earlobe after 24, 48, and 72 hours. As a result, in (5) BSA + L. casei subsp. casei + dextran group, the thickness of the earlobe significantly increased. (See Fig. 5)

Industrial Applicability

According to the present invention, a variety of biological activities originated from *L. casei* subsp. *casei* can be sustained in a living body by selectively growing-proliferating and colonizing *L. casei* subsp. *casei* in the intestine of a human being, animal, or the like or by selectively growing-proliferating *L. casei* subsp. *casei* in the intestine, without supplying *L. casei* subsp. *casei* at all times.